



# 2011 DOUBLE DUAL (ASU/UA/NAU)

April 30, 2011

Joe Selleh Track at Sun Angel Stadium • Tempe

**\*\* UPDATED APRIL 25, 2011 at 4:25pm PST \*\***

***includes start times for all running events and reordering of 100m/110m hurdles***

## **SATURDAY, APRIL 30**

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### ***Field Events***

2:00 pm	Hammer	Men followed by Women
4:00 pm	Discus	Men followed by Women
4:00 pm	Pole Vault	Men followed by women
5:00 pm	Long Jump	Women (west pit) & Men (east pit)
6:30 pm	Shot Put	Men followed by Women
7:00 pm	High Jump	Men followed by Women
7:00 pm	Javelin	Men followed by Women
7:00 pm	Triple Jump	Women (west pit) & Men (east pit)

### ***Running Events \*\****

5:55 pm	<i>National Anthem</i>	
6:00 pm	3,000m Steeplechase	Women
6:15 pm	3,000m Steeplechase	Men
6:30 pm	4x100m Relay	Women
6:35 pm	4x100m Relay	Men
6:40 pm	1,500m Run	Women
6:47 pm	1,500m Run	Men
6:55 pm	100m Hurdles	Women
7:00 pm	110m High Hurdles	Men
7:10 pm	400m Dash	Women
7:15 pm	400m Dash	Men
7:20 pm	100m Dash	Women
7:25 pm	100m Dash	Men
7:30 pm	800m Run	Women
7:35 pm	800m Run	Men
7:45 pm	400m Hurdles	Women
7:50 pm	400m Hurdles	Men
8:00 pm	200m Dash	Women
8:05 pm	200m Dash	Men
8:10 pm	3,000m Run	Women
8:25 pm	3,000m Run	Men
8:40 pm	4x400m Relay	Women
8:45 pm	4x400m Relay	Men

**\*\* we will stick to the time schedule for all running events (no events will start earlier than listed)**